



**NAVAJO NATION DEPARTMENT OF JUSTICE**  
*OFFICE OF THE ATTORNEY GENERAL*

DOREEN N. MCPAUL  
Attorney General

KIMBERLY A. DUTCHER  
Deputy Attorney General

**DEPARTMENT OF JUSTICE**  
**INITIAL ELIGIBILITY DETERMINATION**  
**FOR NAVAJO NATION FISCAL RECOVERY FUNDS**

RFS/HK Review #: HK0203

Date & Time Received: 9/01/2022 17:12

Date & Time of Response: 09/13/2022 12:45 MDT

Entity Requesting FRF: Day At A Time Club Inc.

Title of Project: Chinle/Ft. Defiance Alcohol and Substance Abuse Recovery Centers

Administrative Oversight: NN Department of Health

Amount of Funding Requested: \$779,736

**Eligibility Determination:**

- FRF eligible
- FRF ineligible
- Additional information requested

**FRF Eligibility Category:**

- (1) Public Health and Economic Impact
- (2) Premium Pay
- (3) Government Services/Lost Revenue
- (4) Water, Sewer, Broadband Infrastructure

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U.S. Department of Treasury Reporting Expenditure Category: 1.13: Behavioral Health: Substance Use Services

Returned for the following reasons (Ineligibility Reasons / Paragraphs 5. E. (1) - (10) of FRF Procedures):

- |  |  |
|--|--|
| <input type="checkbox"/> Missing Form  | <input type="checkbox"/> Expenditure Plan incomplete                     |
| <input type="checkbox"/> Supporting documentation missing  | <input type="checkbox"/> Funds will not be obligated by 12/31/2024       |
| <input type="checkbox"/> Project will not be completed by 12/31/2026                                     | <input type="checkbox"/> Incorrect Signatory                             |
| <input type="checkbox"/> Ineligible purpose  | <input type="checkbox"/> Inconsistent with applicable NN or federal laws |
| <input type="checkbox"/> Submitter failed to timely submit CARES reports                                 |  |
| <input type="checkbox"/> Additional information submitted is insufficient to make a proper determination |  |

Other Comments: \_\_\_\_\_

Name of DOJ Reviewer: Kristen A. Lowell

Signature of DOJ Reviewer: *KA Lowell*

Disclaimers: An NNDOJ Initial Eligibility Determination will be based on the documents provided, which NNDOJ will assume are true, correct, and complete. Should the Project or Program change in any material way after the initial determination, the requestor must seek the advice of NNDOJ. An initial determination is limited to review of the Project or Program as it relates to whether the Project or Program is a legally allowable use – it does not serve as an opinion as to whether or not the Project or Program should be funded, nor does it serve as an opinion as to whether or not the amount requested is reasonable or accurate.



**THE NAVAJO NATION  
FISCAL RECOVERY FUNDS REQUEST FORM & EXPENDITURE PLAN  
FOR EXTERNAL ENTITIES**

**Part 1. Identification of parties.**

External Entity

requesting FRF: Day At A Time Club Inc. (DAATC)

Date prepared: 10/15/2021 External

Entity's: P.O. Box 1049

phone/email: 928-729-5931

mailing address: Ft. Defiance, AZ, 86504 website (if any): dayatatimeclub1@gmail.com

This Form prepared by: Larry Foster phone/email: 928-380-8390 lmfosterdine@gmail.com Acting Program Manager \_\_\_\_\_

CONTACT PERSON'S name and title CONTACT PERSON'S info

Title and type of Project: Chinle/Ft. Defiance Alcohol and Substance Abuse Recovery Centers

External Entity's

CEO (or equivalent): Larry Foster phone & email: 928-380-8390 lmfosterdine@gmail.com

Board President: Alroy Billiman phone & email: 505-686-7393 Ndndineh79@yahoo.com

Board Treasurer or Financial Officer: Dortheene Edison phone & email: 505-366-3432 soedison@hotmail.com

Funding Recipient will be working with: Dr. Jill Jim, NN Dept. of Health and Tom Platero, NN Division of General Services on the Project  
*Indicate name of Director of assisting Division and Division; if none, indicate "NN President and OPVP"*

and same will be submitting the Funding Request Package for Review, and will have Administrative Oversight over this FRF Expenditure Plan.

List types of Subcontractors or Subrecipients that will be paid with FRF (if known): DCM Construction, a Navajo Owned business  
will be contracted to perform the Construction Renovation of the facility-  document attached

Amount of FRF requested: \$779,736.00 FRF funding period: January 01, 2022 to December 31, 2023  
*indicate Project starting and ending/deadline date*

**Part 2. Expenditure Plan details.**

(a) Describe the Program(s) and/or Project(s) to be funded, including how the funds will be used, for what purposes, the location(s) to be served, and what COVID-related needs will be addressed:

DAATC will be able to employ six (6) Navajo individuals to provide Alcohol and Substance Abuse Prevention and Educational Services to the Navajo People through mentoring, conducting educational AA Sessions and awareness to 50,000+ Navajo People per year. DAATC will renovate a building (double wide) in Chinle, AZ and Upgrade its building in Ft. Defiance to serve a radius of 150 miles of Chinle/Ft. Defiance. Additional Outreach Services will be expanded from Chinle and Ft. Defiance to its local Chapters/locations in the area.

document attached

(b) Explain how the Program or Project will benefit the Navajo Nation, Navajo communities, or the Navajo People:  
DAATC thru Chinle and Ft. Defiance Recovery Centers will develop a program to collaborate with the Navajo Department of Health,



Social Services, Judicial Branch and a Navajo Treatment Center in Chinle, AZ. DAATC will collaborate with the Division of Health, IHS and the Hospitals to provide pre-treatment and post-treatment centers, services to address Alcohol and Substance Abuse prevention. Plan, develop and operate transitional living for clients completing their treatment.

document attached

(c) Provide a prospective timeline showing the estimated date of completion of the Project and/or each phase of the Project. Disclose any challenges that may prevent you from incurring costs for all funding by December 31, 2024 and/or fully expending funds and completing the Program(s) or Project(s) by December 31, 2026:

The Ft. Defiance Recovery Center will be able to develop and continue Alcohol and Drug Prevention Services on January 01, 2022 and Chinle Recovery Services can be deployed in July, 2022 to provide similar services. The building Renovation in Chinle will be completed in June 2022 to start the service delivery for area residents.

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## **APPENDIX A**

document attached

(d) Identify who will be responsible for implementing the Program or Project:

Larry Foster, Program Manager and the Board of Director member of Day at a Time Club, Inc. (DAATC) will be responsible with our oversight Divisional Programs

document attached

(e) Explain who will be responsible for operations and maintenance costs for the Project once completed, and how such costs will be funded prospectively:

DAATC is planning to seek continued funding from Division of Health, Behavioral Health, Indian Health Services and other funding Sources/Foundations to continue the program operations and maintenance costs. Renewable Energy (Solar/Wind) is to be installed to offset the major utility costs. Eventually, the Recovery Centers will be trained to have Volunteers to operate the Recovery Centers on a voluntary basis.

document attached

(f) State which of the 66 Fiscal Recovery Fund expenditure categories in the attached U.S. Department of the Treasury Appendix 1 listing the proposed Program or Project falls under, and explain the reason why:

1: Public Health 1.4 and 1.5, DAATC currently conducts education and awareness in areas of COVID Prevention Education and equipment, etc. // 1.9 Six Staff will assist with Grant Funding to assist in Public Health Education Safety and Awareness. // 1.10 DAATC will assist individuals who seek Mental Health Services who desire to stop alcohol and substance abuse // 1.11 Substance Use Services/Prevention through education and awareness will be provided by DAATC through the 2 Recovery Centers. DAATC also will provide grief processing for individuals/familie affected by COVID-19. // 1.12 DAATC also utilizes Traditional Healing Practices through Sweat Lodge, Talking Circle and other ceremonies to assist individuals with Recovery // 2.10 DAATC is a Non-Profit Entity that collaborates with other non-profit entities to address recovery // 3.4 DAATC also will use Dine Language and Tradition Educational

Practices-Education to assist individuals with Alcohol and Substance Abuse Prevention. //3.13 DAATC through Recovery Centers will assist families suffering from Alcohol and Substance especially with Children and family dynamics with income disadvantaged homes, etc. // 3.16 Recovery Centers will assist victims of Domestic Violence through community education settings, Alcoholics Anonymous and Drug Abuse Awareness and intervention, including educational awareness and childhood settings.

document attached

**Part 3. Additional documents.**

List here all additional supporting documents attached to this FRF Expenditure Plan (or indicate N/A):

Detailed ARPA Grant Proposal, DAATC Incorporation Documents, DAATC By-Laws/Procedures, Graphs in Grant Proposal that outlines Statistics and Supporting Chapter Resolutions. DAATC Board Resolution Apache County Minutes on Contribution of Building for use for Chinle Recovery Center(Renovation). DAATC Financial Audits are also available upon request.

Board Resolution attached

**Part 4. Affirmation by Funding Recipient.**

Funding Recipient affirms that its receipt of Fiscal Recovery Funds and the implementation of this FRF Expenditure Plan shall be in accordance with Resolution No. CJY-41-21, the ARPA, ARPA Regulations, and with all applicable federal and Navajo Nation laws, regulations, and policies:

External Entity's Preparer: [Signature] <sup>10/14/21</sup> Approved by: [Signature] <sup>10/14/21</sup> Board President  
signature of Board Chairperson or President (or Vice-President) signature of Preparer/CONTACT PERSON

Approved to submit Approved by: [Signature] <sup>10/19/2022</sup> for Review: \_\_\_\_\_ signature of External Entity's CEO (or equivalent) signature of Director of assisting Division

-OR- Approved to submit: For Review: \_\_\_\_\_ signature of NN President



PART I Business Unit No.: New Program Title: Chinle/Ft. Defiance Recovery Centers Division/Branch: Health/General Services  
 Prepared By: Larry Foster Phone No.: 928-729-5931 Email Address: dayatimeclub1@gmail.com

PART II. FUNDING SOURCE(S)	Fiscal Year /Term	Amount	% of Total	PART III. BUDGET SUMMARY	Fund Type Code	(A)	(B)	(C)
						NNC Approved Original Budget	Proposed Budget	Difference or Total
NN Fiscal Recovery Funds								
ARPA Recovery Funds	2022	463,868.00	87%	2001 Personnel Expenses			429,936	429,936
ARPA Recovery Funds	2023	315,868.00	83%	3000 Travel Expenses			40,000	40,000
DAATC	2022	63,788.00	13%	3500 Meeting Expenses			22,000	22,000
DAATC	2023	63,788.00	17%	4000 Supplies			7,800	7,800
				5000 Lease and Rental			0	0
				5500 Communications and Utilities			29,000	29,000
				6000 Repairs and Maintenance			8,000	8,000
				6500 Contractual Services			72,000	72,000
				7000 Special Transactions			23,000	23,000
				8000 Public Assistance			0	0
				9000 Capital Outlay			148,000	148,000
				9500 Matching Funds			(127,576)	(127,576)
				9500 Indirect Cost			0	0
				<b>TOTAL</b>		\$0.00	779,736.00	779,736
				<b>PART IV. POSITIONS AND VEHICLES</b>		(D)	(E)	
				Total # of Positions Budgeted:		6	6	
				Total # of Vehicles Budgeted:		0	0	
<b>TOTAL:</b>								

PART V. I HEREBY ACKNOWLEDGE THAT THE INFORMATION CONTAINED IN THIS BUDGET PACKAGE IS COMPLETE AND ACCURATE.

SUBMITTED BY: Larry Foster  
 Program Manager's Printed Name  
[Signature] 10/14/21  
 Program Manager's Signature and Date

APPROVED BY: Dr. Jim, Tom Platero  
 Division Director / Branch Chief's Printed Name  
[Signature] 8/19/2022  
 Division Director / Branch Chief's Signature and Date

Exhibit "A"  
Chinle/Fort Defiance Recovery Centers

	<u>1<sup>st</sup> Year</u>	<u>2<sup>nd</sup> Year</u>	<u>Total</u>
<p><u>Program Manager</u> (part-time) 50%</p> <p>Will be responsible for overall administration of Chinle and Fort Defiance Recovery Centers and seek outside funding opportunities</p>	<p>Central Office (@\$43,848.00 P/A) 21,924 (50%)</p>	<p>Central Office (@\$43,848 P/A) 21,924(50%)</p>	<p>\$43,848.00</p>
<p><u>Projects Coordinator</u> Chinle/Ft. Defiance</p> <p>Will assist Staff and Recovery Centers with Recovery Centers Construction &amp; Development.</p>	<p>35,287.20 P/A</p>	<p>35,287.20 P/A</p>	<p>\$70,574.40</p>
<p><u>Program Coordinator</u> Chinle</p> <p>Will be responsible to assist Staff and Communities to be served by Chinle Recovery Centers</p>	<p>33,199.20 P/A</p>	<p>33,199.20 P/A</p>	<p>66,398.40</p>
<p><u>Community Involvement Specialist</u> (Chinle/Ft. Defiance)</p> <p>Will assist Clients, Entities, and Communities with Mentoring and Prevention Services.</p>	<p>31, 278.24 P/A</p>	<p>31,278.24 P/A</p>	<p>62,556.48</p>
<p><u>Office Specialist</u> Chinle/Ft. Defiance</p> <p>Will assist Recovery Centers Staff with Support Services</p>	<p>31, 194.72 P/A</p>	<p>31,194.72 P/A</p>	<p>62,389.44</p>

<b><u>Salaries:</u></b>	<b><u>1<sup>st</sup> year</u></b>	<b><u>2<sup>nd</sup> Year</u></b>	<b><u>Total</u></b>
<b><u>Maintenance Specialist</u></b> Chinle/Ft. Defiance Will be responsible for maintenance and repair of Recovery facilities	<u>12,475.80 (@50%)</u>	<u>12,475.80 (@50%)</u>	24,951.60
<b>Subtotal:</b>	165,360	165,360	
<b>Fringe Benefits (@30%)</b>	49,608	49,608	\$99,216.00
	165,360	165,360	<u>\$330,720.00</u>
<b>Total Salaries/Fringe Benefits</b>	214,968	214,968	<u>\$429,936.00</u>
<b>Operating Expenses:</b>			
<b>Professional Fees/Contracted Services</b>			
<b>Audit Fee</b>	20,000	20,000	40,000
<b>Accounting Services</b>	10,000	10,000	20,000
<b>Legal Fees</b>	5,000	5,000	10,000
<b>IT Services</b>	1,000	1,000	2,000



	<u>1<sup>st</sup> Year</u>	<u>2<sup>nd</sup> Year</u>	<u>Total</u>
Computer Equipment Expenses	4,000.00	4,000.00	8,000
Computer Software	1,000.00	1,000.00	2,000
Dues and Subscriptions	1,500.00	1,500.00	3,000
Employment Advertising	1,000.00	1,000.00	2,000
Board Stipends	1,000.00	1,000.00	2,000
Postage & Mailing	500.00	500.00	1,000
Printing	1,000.00	1,000.00	2,000
Property & Liability Insurance	4,000.00	4,000.00	8,000
Repairs & Maintenance	4,000.00	4,000.00	8,000
Supplies	2,400.00	2,400.00	4,800
Janitorial/Trash Services	2,500.00	2,500.00	5,000
Utilities	10,000.00	10,000.00	20,000
Telephone	2,000.00	2,000.00	4,000
Travel	20,000.00	20,000.00	40,000
Training/Conferences	10,000.00	10,000.00	20,000
Capital Outlay			
Building/Roofs, etc.	<u>148,000.00</u>	<u>0</u>	148,000
Subtotal/Operating Expenses	248,900.00	100,900	349,800
Total	\$463,868.00	\$315,868	779,736



# DAY AT A TIME CLUB, INC.



173 Blue Canyon Road | P.O. Box 1049 Fort Defiance, Arizona 86504  
Phone: (928) 729-5931 | Email: dayatatimeclub1@gmail.com

August 19, 2022

The Honorable Wilson Stewart, Jr. Council Delegate  
Fort Defiance, Red Lake, Crystal and Sawmill Chapter

The Honorable Eugene Tso, Council Delegate Chinle Chapter

The Honorable Aarron Sam, President, Fort Defiance Chapter and Chapter Officials, Fort Defiance Chapter

The Honorable Arval McCabe, President, Red Lake Chapter and Chapter Officials, Red Lake Chapter

The Honorable Patricia Slim, President, Crystal Chapter and Chapter Officials, Crystal Chapter

The Honorable Woodie Bennett, President, Sawmill Chapter and Chapter Officials, Sawmill Chapter

Dear Honorable Leaders:

The Day At A Time Club, Inc. (DAATC) is very appreciative of your Chapter's support for ARPA Funding for the Fort Defiance and Chinle Recovery Centers for a two (2) year period. The proposal is for \$779,736.00 that was proposed and submitted on May 27, 2021 to address issues related to the COVID-19 Pandemic. We are all aware that the Inflation and Consumer Price AIndex has reached alarming high levels and we would ask for a consideration to reflect a 15% inflationary Cost, if possible. The overall projected cost now will be (which was unforeseen) for Construction/Renovation only is \$170,200.00 from \$148,000.00 or an increase of \$22,200.00.

DAATC respectfully request of \$250,000.00 from each Delegate Region and the balance of \$301,936.00 will the requested of President Jonathan Nez that will include the difference of \$22,200.00. DAATC has been in similar discussions with Council Delegate Eugene Tso and Chinle Chapter for the request for match funding.

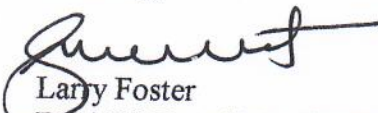
DAATC will continue to work closely with the Navajo Nation Department of Health, the affected Chapters and other entities to ensure a collaborative and coordinated process to address Alcoholism and Drug Abuse problems and Recovery Processes.

**Mission: The mission of the Day at a Time Club, Inc. is to promote healing and wellness to residents of the Navajo Nation by providing high quality substance abuse prevention, treatment and recovery services while integrating cultural and spiritual traditions as tools to remedy the all too prevalent problem of alcohol and substance abuse among our Navajo People.**



Your consideration and assistance in this matter will be greatly appreciated. Should you have any questions, please call me at 928-729-5931 (DAATC) or my cell number at 928-380-8390.

Sincerely,



Larry Foster

DAATC Board Member/Program Manager

Cc: Honorable Jonathan Nez, President, Navajo Nation

**Mission:** The mission of the Day at a Time Club, Inc. is to promote healing and wellness to residents of the Navajo Nation by providing high quality substance abuse prevention, treatment and recovery services while integrating cultural and spiritual traditions as tools to remedy the all too prevalent problem of alcohol and substance abuse among our Navajo People.

# DAY AT A TIME CLUB, INC.

173 Blue Canyon Road | P.O. Box 1049 Fort Defiance, Arizona 86504  
Phone: (928) 729-5931 | Email: dayatatimeclub1@gmail.com

**March 25, 2022**

The Honorable President Jonathan Nez  
**President Navajo Nation**

The Honorable Eugene Tso  
**Council Delegate**  
**Chinle Chapter**  
**24<sup>th</sup> Navajo Nation Council**

The Honorable Wilson Stewart, Jr.  
**Council Delegate**  
**Fort Defiance, Crystal, Red Lake and Sawmill Chapters**  
**24<sup>th</sup> Navajo Nation Council**

Dr. Jill Jim, Executive Director  
**Navajo Nation Department of Health**

The Hon. Mr. Nez, The Hon. Mr. Tso, The Hon. Mr. Stewart and The Hon. Dr. Jim,

Pursuit to our discussions, DAATC is respectfully requesting that the ARPA Grant Proposal for the Chinle/Fort Defiance Recovery Centers be split half and half with your Districts funding formula, should the Navajo Nation Council decide to proceed with the Equitable Distribution. The first year funding request is \$463,868.00 and second year is \$315,868.00. 50% would be \$389,868.00. Overall total is \$779,736.00.

The other issue that requires immediate attention is the oversight question mentioned by the Department of Justice. At our meeting with Honorable President Nez and his Executive Branch Team. I requested assistance in identifying and obtaining the proper oversight designation. During the meeting, President Nez had requested that Navajo Nation Department of Health to assist DAATC in this matter, hence this request.

All other issues raised by the Department of Justice have been addressed. We have also attached the Grant Proposal Package for your information with the Updated Information.

Should you have any questions, Please feel free to inquire at 928-380-8390.

Sincerely,



Larry Foster  
Board Member. Program Manager

**Mission: The mission of the Day at a Time Club, Inc. is to promote healing and wellness to residents of the Navajo Nation by providing high quality substance abuse prevention, treatment and recovery services while integrating cultural and spiritual traditions as tools to remedy the all too prevalent problem of alcohol and substance abuse among our Navajo People.**





# DAY AT A TIME CLUB, INC.



173 Blue Canyon Road | PO Box 1049 Fort Defiance, AZ 86504  
Phone: 928-729-5931 or 928-730-0593 | Email: dayataticlub1@gmail.com

## RESOLUTION OF THE BOARD OF DIRECTORS DAY AT A TIME CLUB, INC

Approving the submission of a Proposal and a Budget in the amount of \$463,868 and \$315,686 to the Office of the President and Vice President and the Navajo Nation Council for the Chinle/Fort Defiance Recovery Centers to assist in the prevention of alcohol and substance abuse.

### WHEREAS:

1. Day at a Time Club, Inc., (DAATC) has been incorporated under the State of Arizona on May 03, 1983; and
2. DAATC provides a fellowship setting where members can engage in mutual support with others who are also struggling with alcohol/chemical addiction; and
3. DAATC has integrated cultural and spiritual traditions to inspire and motivate members and their families to participate in the purification ceremonies to promote healing and awareness of self and the higher power using sweat lodge, talking circle, etc. to talk about inner struggles and difficulties; and
4. DAATC has solicited and brought in resources to connect members and their families by setting-up presentations/workshops to strengthen their skills/talents so they can become responsible (suicide prevention training, parenting classes, and domestic violence sessions); and
5. DAATC has referred, sponsored, supported, and encouraged chemically dependent individuals and their families to programs such as domestic violence prevention/interventions centers and to help in their pursuit to recovery; and
6. DAATC has provided community outreach to help members and their families to attend special events (Annual Sobriety/Family Wellness Campout, Thanksgiving and Christmas Dinners, Wellness Run, Easter Egg Hunt, Christmas Gift Giving for Children), and
7. DAATC has reached-out in other areas to inmates to attend Alcoholic Anonymous Meetings, including Traditional Sweat Lodge; and
8. DAATC has provided daily services to members in Fort Defiance, Window Rock, and surrounding communities within a 100-mile radius covering Black Mesa, Pinon, Dilcon, Round Rock, Lukachukai, Wide Ruins, Klagetoh, Lupton, Sheepsprings, and Gallup, etc.; and
9. DAATC, Chinle Chapter and the Chinle Canyon De Chelly Group are partnering to develop and establish the Chinle Recovery Center to address the all too prevalent problem of Alcohol and Substance Abuse and related issues in Chinle Chapter and surrounding Chapters; and
10. DAATC is now submitting a funding proposal in the amount of \$463,868 and \$315,868 for the Chinle/Fort Defiance Recovery Centers to accommodate the increase of participation and to continue providing services to member/nonmembers and their families to participate in sponsored meetings, family events, and outside resources to reinforce their sobriety and regenerate relationships.

**NOW, THEREFORE BE IT RESOLVED THAT:**

1. *The Day at a Time Club, Inc.* approves and respectfully submits the funding proposal and a budget in the amount of \$463,868 and \$315,868 for the Chinle/Fort Defiance Recovery Centers to the Office of the President and Vice President and the Navajo Nation Council to prevent alcohol and substance abuse and to increase self-efficiency for members and their families.
2. *The Day at a Time Club, Inc.* will also seek to address and obtain Employee Insurance Coverage for its Recovery Center.

**CERTIFICATION**

We, hereby certify that the following resolution was duly considered by the Board of Directors of the Day at a Time Club, Inc. at a duly called meeting in Fort Defiance, AZ, at which a quorum was present and that the same was passed by a vote of 3 in favor, and 0 opposed, and 1 abstained, this 27th day of May, 2021.



Alroy Billiman, President

Motion made by: Alroy Billiman  
Seconded by: Jim Littlesinger



**Grant Proposal Submitted to the Chinle  
Chapter and Navajo Nation for ARP Funding**

**A. Title: Chinle/Ft. Defiance Alcohol and Substance Abuse Recovery Centers**

**B. Organization: The Day At A Time Club (DAATC), Inc.** located in Fort Defiance, Arizona is incorporated in the State of Arizona, established in 1978, with "The mission to promote healing and wellness to residents of the Navajo Nation by providing high quality substance abuse and recovery services while integrating cultural and spiritual traditions as tool to remedy the all too prevalent problem of alcohol and substance abuse among our Navajo People." The DAATC is also incorporated as a Non-Profit Organization and has Tax-Exempt Status Under U.S. Federal Guidelines. DAATC's Vision Statement is to "Break the Cycle of Substance Abuse by providing a supportive, holistic and healing environment that is culturally relevant to residents of the Navajo Nation. Develop connections with our Proud Native American Heritage and Strengthen and Empower a personal recovery process to restore Hózhó, including physical, mental, emotional and spiritual valves."

**C. Purpose:**

The purpose of this grant proposal is to initially re-establish a Recovery Center in the Chinle Chapter formally known as the Talbot House. The Talbot House was destroyed by a fire and is no longer in existence. The Apache County donated a double-wide to the Chinle/Canyon De Chelly AA Group several years ago and is now needing major renovation, repair and maintenance. The DAATC will be co-sponsoring the re-establishment of the Chinle Recovery Center through Project and Program Development cost sharing through funding resources, Staffing, Operations and Maintenance of the facility until such time the Chinle Recovery Center can become Self-Sustaining.

**D. Needs Statement:**

There is a tremendous need for a Alcohol and Substance Abuse Recovery and Wellness Center for the Chinle Community and Chinle Agency Communities. Since the fire destruction of the Talbot House, there is a strong need for Twelve Step Recovery Programs/Services such as AA, Alanon, Narcotics Anonymous and other related programs. Many of the Chinle and area residents travel over One Hundred Fifty-Two Hundred Miles round trip to Fort Defiance, Showlow, Flagstaff or Gallup, NM. Prior to the COVID-Pandemic, AA Meetings were held at various church locations five (5) days a week with a average attendance of 100+ persons daily.

**E. Scope of Services:**

1. The donated building as donated by Apache County will be assessed for a cost estimate for renovation, Expansion of the facility can be accomplished by planning and construction of a 26' x 30' addition to the double wide modular building to accommodate an anticipated attendance of 100+ membership. Preliminary assessments would be approximately \$120,000 with 15% contingency cost \$18,000 totalling \$138,000. This would include meeting all building codes and specifications, handicapped assistance, fire prevention, parking, space usage, etc.



2. With Grant Funding DAATC staff will be assigned to coordinate and assist with the renovation and administration support services, staff training and development for the Chinle Recovery Services Center and Staff. Local residents with strong and healthy, recovery will be hire and will receive necessary support/training at the DAATC facility in Fort Defiance several times per week. This process will be performed by quarterly progression of the Chinle Recovery Center and as other local facilities may be utilized in the interim period. DAATC Facilities may also continue to be utilized. Development and Staff Training will be on Transitional phases.
3. The Goal of the Chinle Recovery Center will be to
  - Complete the renovation of the facility.
  - Re-establish the Canyon De Chelly AA/Recovery Group as a Automous Organization to provide vital 12-step, mentoring and related services.
  - Establish a separate Non-profit tax exempt Organization with a Board of Directors to maintain and operate the facility and work closely with the Canyon De Chelly Chinle/group and other recovery service providers in the area. Board of Directors will be local individuals with Board experience and expertise, i.e. Church groups, Chapter Officials/Staff, business leaders and community organizations, etc.

4. Description of Services:

The task of the Chinle Recovery Center Staff, Canyon De Chelly Group (Group Conscience) DAATC and Spiritual Awakening Group will provide culturally specific peer-to-peer recovery support services to those affected by alcoholism, substance abuse, co-dependency, and domestic violence (Information & Referral) and related issues. The 12-Steps Group (Alcoholics Anonymous) will continue to be hosted. Clients will be provided with individual support services (confidential mentoring) to foster development of an alcohol/drug free lifestyle. Clients will be encouraged to develop positive communication skills, improved family relationships, parenting skills, diet and nutrition, options for adult education, career development, vocational and occupational mentoring and increased retention in their continuum of care for alcohol and drug abuse treatment. Referrals to a residential alcohol and substance abuse treatment, mental health, medical, dental and other human and health care services will be made as the need arises and occasional transportation will be provided to ensure client health care and treatment needs are met. Case conferencing and Collateral Services will support clients long-term continuous Sobriety, family harmony, and productivity within their community. Our ultimate goals are to assist our clients in achieving a productive lifestyle free of alcohol and other substance abuse. This will improve the quality of life and standard of living for them, their children, spouse or partner, extended family, and the greater community.

**The core functions and Mission of Day At A Time Club, Inc. are to;**

- Assist residents of the Navajo Nation to attain sobriety;
- Provide outpatient mentoring to recovering Alcoholics, chemically dependent persons and their families.
- Refer chemically dependent individuals and their co-dependents to treatment programs;



- Sponsor, support, and encourage the alcoholic and family members in their recovery;
- Provide information and referral services to the community regarding substance abuse;
- Job readiness support and life survival skills training.

**The core values of DAATC, Inc. are;**

- Love, to tolerance and acceptance;
- Hózhó and Respect for ourselves, each other, our families, our youth, our elders, our diversity and harmony in our lives.
- Focus on strengths rather than weaknesses;
- Encouragement of Spiritual values;
- Value of life experiences, traditional and cultural;
- Promote traditional healing practices.

One of ultimate goals is to start a Navajo Language Speaking Meetings for the fluent Navajo language speakers in the program of Alcoholics Anonymous (AA). This would enable them to better understand how the program works and further encourage the interest of other individuals who may be compelled to learning or improving their Navajo language by attending AA meetings. To assist those who have difficulty understanding and reading English.

Another goal is to start a Transitional Living Center (TLC) a temporary shelter for those who are seeking recovery and have received a referral to and from an inpatient treatment facility. A strategic plan is developed to provide this service with the collaborative efforts of local support programs, community leaders and community members. DAATC will provide a safe alcohol and drug free environment that will contribute to providing a higher rate of rehabilitation from their addiction.

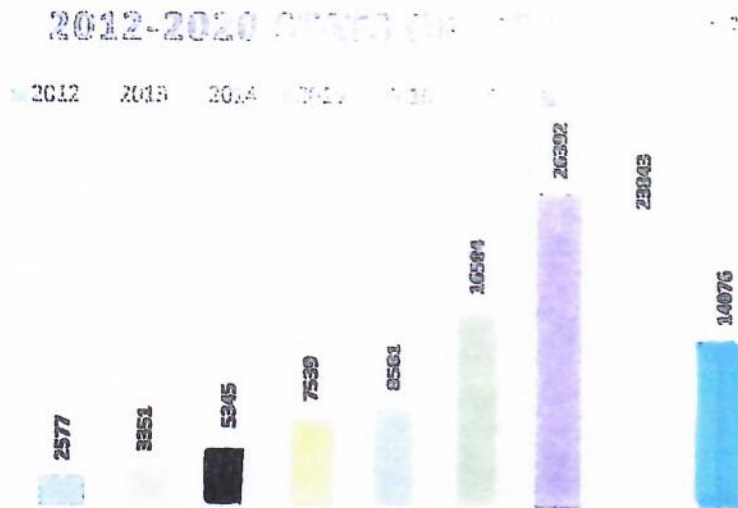
**F. Immediate Tasks to be performed:**

1. Confirm that the building is donated and assigned to the Chinle/Canyon AA De Chelly Group
2. Develop and finalize a Memoranda of Agreement to define the Land Use within the Catholic Church for the center.
3. Obtain Funding for the Recovery Centers Facilities/Maintenance operations and Personnel, etc.

**G. Statistics:**

In AA Meetings, an important messages provided to members to stick with the winners. This Means that spending time those individuals, but it can also be highly motivating. Therefore, positive role models, additional resources and educational information provided at DAATC has increased self-efficacy for some of the members and their families (refer to success stories and the statistics for attendance). The attendance and participation has increased from FY 2012 (2,577) to FY 2018 (26,392), in FY 2019 it was 23,843 in FY 2020 it was 14,520 despite the Pandemic, we anticipated the attendance and participation to continue to increase because more individuals have indicated their desire to seek services at DAATC. The attendance for 2020 was decreased due to the pandemic. Multi-year funding for FY 2021 is being requested with the Navajo Nation Division of Health and Division of Social Services. Other Foundation Proposals are being submitted as well. Letters of Success from a woman and a man are also attached as Exhibit "B".

Prior to the COVID-19 Pandemic, Chinle AA Meetings were experiencing approximately 100+ individuals with a strong desire for Sobriety, including their families. DAATC strongly feels Chinle will be experiencing the same statistical demands for services.



**HL. Proposal Grant Funding Request:**

See Attached Budget entitled Chinle and Fort Defiance Recovery Centers as Exhibit "A".

**I. Conclusion Remarks:**

Multi-Year funding from American Rescue Plan (ARP) will allow a consistent delivery of Services on a long term basis for optimum effectiveness. Other Match Resource funding Can be requested from the Navajo Department of Health and Division of Social Services and the Indian Health Services. Other Funding Sources from various foundations will also be strongly pursued.



To the reader:

Is there a way back?

*Start this in the usual manner, my name is Chris and I am an alcoholic. I am a male in my mid thirty's and I live on the reservation of the Navajo Nation. I lived here and grew up here in the high desert going to catholic school and around my culture. I didn't set out in my life to become another drunk Indian. I got high and drunk in my teen years. I drank with my best friend, who was my cousin. We drank to black out. I thought that how you were supposed to drink. Alcohol became an escape and brought the life I thought I wanted to live, parties in the desert, driving drunk in the middle of nowhere, with people who drank like me.*

Then suddenly there was trouble, after about 9 to 10 years of hard drinking. I had lost control. A lot of alcoholism exist here on the Rez. I have lost family and friends to alcohol poisoning, car crashes, to acts of violence, to freezing on the side of the road trying to make it to the store, to buy a drink in a snow storm. And many more ways. My drinking was cheap whiskey or vodka, sleeves of shooters, pints, fifths, and tall can of high percent malt liquor. In the end it was insomnia, sweating, shaking, dry heaving, hallucinating, and irrational fear. Self-imposed thinking that cause me depression and panic attacks. I ended up in the only place that could help, the emergency room. The doctors would tell me that I am an alcoholic, "no shit", that I was going to die. Seeing the straps on the bed and nurse asking if I wanted to be restrain, I had moment of surrender. I didn't know how to get help, but knowing I'm going to die an alcoholic death. I started to realize I don't know who I am without that bottle. That in fact I have not really live a day in my life. My crazy doctor, psychiatrist, who was a fellow in the amazing program of recovery call Alcoholics Anonymous, pulled the Big Book off the shelf and pointed me to the rooms of A.A.

Sobriety! After months of still drinking and going to the rooms, (I'm laughing typing this), I understood. This was not an overnight matter for me. The home group in my town was called Spiritual Awakening Group, a white building with 3 meeting a day and good coffee. One of the first words that stuck in my mind was from a long timer, when she said, "There is a Solution to your Drinking Problem..." I tried to work the program, asking questions, and attending meetings. I got a sponsor and worked my steps and had 3 months of sobriety. I lost it again and relapse. But this time was different because all I wanted when I came to was to go to a meeting. I got the white building in the thralls of still being an intoxicated, but conscience enough to talk and listen. There was no meeting and I was about to go home when a fellow member saw me and said he would have a meeting with me. We sat on the steps of the church across the parking lot. He didn't have to do what he did, but I am sure glad he did. He ask me to come back that evening for another meeting. I don't know exactly how it happened, I surrender myself in front of everyone. The words I remember saying were, "I don't want to die..." It was embarrassing to say the less, crying and sobbing. But no one laugh or judge me, instead they gave me a few hugs and told me to keep coming back. My sponsor found me and we work the program of A.A.

Is there a way back? Absolutely YES!!! I found a place where people like me understand that Alcoholism is a deadly disease. Through rigorous self-honesty, 12 steps, a sponsor, a fellowship,

and the white building on the reservation I found sobriety. I have since travel to other home groups on the rez and border towns. I have heard the message, through a higher power and the program of Alcoholics Anonymous. "To stay sober and help anothers recover from alcohol." I stay sober today by chairing online meeting for Spiritual Awakening Group, being a trusted servant to other home groups, acts of kindness and service. Many others ways that only a fellow in the rooms would understand. As one of my friends likes to say, "I am glad to be a sober native, not only that, but happy, joyous, and free! There is nothing better than this."

October 20, 2019 was my last drink. Thanks to all who were and still are a part of my journey. Thank you S.A.G. and its fellowship. One day at a time.

— Chris, to my cousin, N.D. and all those who die from alcohol...



I remember walking into the Day at a Time Club on October 23, 2019 as if it was yesterday. There I was fresh out of jail, arrested for DUI, my children put in foster care, and not knowing where else to go. I had been here a few times before, but was not quite convinced I was an alcoholic; I decided to do some 'controlled drinking'. Alas, I knew this was it: my drinking career was over; I could not do it anymore. I knew I would die if I kept drinking the way I was, but I also could not picture my life without alcohol. I did not know how to live a sober life. At the same time, I was ready to surrender. Inside the doors of the building were welcoming, smiling faces who shared their stories of hope and experience.

The first days of recovery were extremely difficult. I came to Day at a Time Club as much as possible, for it was the only place I felt safe: from myself and from the world around me. I sat, listened, did as I was told, and kept coming back. I found a sponsor who agreed to take me through the steps. I saw people who had what I wanted – sobriety and peace. They understood my story and my journey, which was so different from the isolation I had felt much of my life. With the help of my Higher Power, the rooms of Day at a Time Club, hard work, guidance, determination and willingness, I have not taken a drink since.

Now, the Day at a Time Club continues to be a safe haven for me. I am able to attend regular meetings (within CDC guidelines because of the pandemic), meet with other people in the program, and give back to the newcomer what was freely given to me. At last, I finally feel a sense of belonging. I am able to function as an appropriate adult, as a healthcare professional, as a single mother to my four children. The emotions I once used to drink over are now managed by the tools I have been taught. Above all, I have learned how to love myself which was something I had never learned in my thirty-three years of existence. None of this would be possible without the Day at a Time Club. - D.S.



# DAY AT A TIME CLUB, INC



170 Blue Canyon Road | P.O. Box 1019 Fort Defiance, Arizona 86401  
Phone: (928) 729-7931 | (928) 700-0723 | Email: [dayatimeclub@dayatime.com](mailto:dayatimeclub@dayatime.com)

**May 24, 2021**

The Honorable Jonathan Nez  
President of the Navajo Nation  
Window Rock, AZ. 86515

Dear Honorable President:

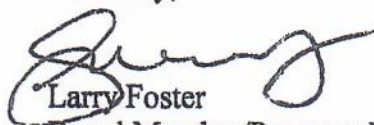
Attached is a Grant Proposal to be submitted to the Office of the President and Vice-President of the Navajo Nation and the Navajo Nation Council for funding under the America Rescue Plan Program for the development of the Chinle Community Recovery Center. It also includes a partial segment for the Fort Defiance Recovery Center. Both Recovery Centers are for Alcohol and Substance Abuse Prevention and Recovery Services. The Fort Defiance Recovery Center is under the Auspices of the Day At A Time Club, Inc who will assist and partner with the Chinle Recovery Center development and Operations. This Grant Proposal is a result of community meetings that were held on May 21, 2021 in Chinle, AZ. with the Chinle Chapter, Council Delegate Eugene Tso, Catholic Church of Chinle, Chinle Alcoholics Anonymous Program Fellowship and DAATC of Fort Defiance.

We anticipate both Centers combined will serve approximately 50,000+ clients per Year. Approximately 80% of Grant Proposal will be dedicated to the Chinle Recovery Center and Canyon De Chelly Group through Day At A Time Club, Inc. and its Affiliate, Spiritual Awakening Group. The amount of funding for the first year is \$463,868 and the second year is \$315,868.

During the last year, despite the Pandemic DAATC has continued to provide essential services through innovation and has extended also its services to the urban native communities in the Southwest, the United States and even abroad to other foreign countries such as Amsterdam, Belgium, Japan, Paris, Iraq, and other countries through technology/virtual Zoom meetings. Many of the clients served are from the Chinle Community and Chinle Agency. We anticipate these services will be transferred to the Chinle Recovery Center.

Should you have any questions, feel free to call me at 928-380-8390. We respectfully request your support of this Grant Proposal.

Sincerely,

  
Larry Foster  
Board Member/Program Manager





# DAY AT A TIME CLUB, INC



173 Blue Canyon Road | P.O. Box 1019 Fort Defiance, Arizona 86501  
Phone: (928) 728-3931 | (928) 730-0393 | Email: Dayatatimeclub@gmail.com

**May 24, 2021**

The Honorable Council Delegates  
24<sup>th</sup> Navajo Nation Council  
The Navajo Nation  
Window Rock, AZ. 86515

Dear Honorable Delegates:

Attached is a Grant Proposal to be submitted to the Office of the President and Vice-President of the Navajo Nation and the Navajo Nation Council for funding under the America Rescue Plan Program for the development of the Chinle Community Recovery Center. It also includes a partial segment for the Fort Defiance Recovery Center. Both Recovery Centers are for Alcohol and Substance Abuse Prevention and Recovery Services. The Fort Defiance Recovery Center is under the Auspices of the Day At A Time Club, Inc who will assist and partner with the Chinle Recovery Center development and Operations.

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Should you have any questions, feel free to call me at 928-380-8390. We respectfully request your support of this Grant Proposal.

Sincerely,

Larry Foster  
Board Member/Program Manager





# DAY AT A TIME CLUB, INC



1778 Elder Canyon Road | P.O. Box 1039 Fort Defiance, Arizona 86501  
Phone: (928) 791-3931 | (928) 791-6301 Email: [DayatTimeClub@gmail.com](mailto:DayatTimeClub@gmail.com)

May 24, 2021

Mr. Walton Yazzie  
Chapter Manager  
Chinle Chapter  
Chinle, Arizona  
86503

Dear Yazzie:

Pursuant to our discussions at our meeting on Friday, May 21, 2021, attached is a Grant Proposal to be submitted to the Office of the President and Vice-President of the Navajo Nation and the Navajo Nation Council for funding under the America Rescue Program for the development of the Chinle Community Recovery Center. It also includes a partial segment for the Fort Defiance Recovery Center. Both Recovery Centers are for Alcohol and Substance Abuse Prevention and Recovery Services. The Fort Defiance Recovery Center is under the Auspices of the Day At A Time Club, Inc who will assist and partner with the Chinle Recovery Center development and Operations.

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Should you have any questions, feel free to call me at 928-380-8390. We respectfully request your support of this Grant Proposal.

Sincerely,

Larry Foster  
Board Member/Program Manager



# Chinle Chapter Government

THE NAVAJO NATION

**Dr. Rosanna Jumbo-Fitch**

PRESIDENT

**Eugene Tso**

COUNCIL DELEGATE

**Shawna Claw**

VICE PRESIDENT

**Oscar Bia**

GRAZING COMMITTEE MEMBER

**RoAnn Burbank**

SECRETARY/TREASURER

---

## RESOLUTION OF THE CHINLE CHAPTER CHINLE, ARIZONA CHIN-APR-22-020

**SUPPORTING A PROPOSAL AND A BUDGET IN THE AMOUNT OF \$463,868 AND \$315,686 TO THE OFFICE OF THE PRESIDENT AND VICE PRESIDENT AND THE NAVAJO NATION COUNCIL FOR THE CHINLE/FORT DEFIANCE RECOVERY CENTERS TO ASSIST IN THE PREVENTION OF ALCOHOL AND SUBSTANCE ABUSE.**

### WHEREAS:

1. The Chinle Chapter is a duly certified Chapter of the Navajo Nation and empowered by 2NNC to address and represent the best interest of its citizens and community; and
2. Day at a Time Club, Inc., (DAATC) has been incorporated under the State of Arizona on May 03, 1983; and
3. DAATC provides a fellowship setting where members can engage in mutual support with others who are also struggling with alcohol/chemical addiction; and
4. DAATC has integrated cultural and spiritual traditions to inspire and motivate members and their families to participate in the purification ceremonies to promote healing and awareness of self and the higher power using sweat lodge, talking circle, etc. to talk about inner struggles and difficulties; and
5. DAATC has solicited and brought in resources to connect members and their families by setting-up presentations/workshops to strengthen their skills/talents so they can become responsible (suicide prevention training, parenting classes, and domestic violence sessions); and
6. DAATC has referred, sponsored, supported, and encouraged chemically dependent individuals and their families to programs such as domestic violence prevention/interventions centers and to help in their pursuit to recovery and
7. DAATC has provided community outreach to help members and their families to attend special events (Annual Sobriety/Family Wellness Campout, Thanksgiving and Christmas Dinners, Wellness Run, Easter Egg Hunt Christmas Gift Giving for Children), and
8. DAATC has reached-out in other areas to inmates to attend Alcoholic Anonymous Meetings, including Traditional Sweat Lodge; and
9. DAATC has provided daily services to members in Fort Defiance, Window Rock, and surrounding communities within a 100-mile radius covering Black Mesa, Pinon, Dilcon, Round Rock, Lukachukai, Wide Ruins, Klagetof Lupton, Sheepsprings, and Gallup, etc.; and
10. DAATC, Chinle Chapter and the Chinle Canyon De Chelly Group are partnering to develop and establish the Chinle Recovery Center to address the all too prevalent problem of Alcohol and Substance Abuse and related issues in Chinle Chapter and surrounding Chapters; and
11. DAATC is now submitting a funding proposal Appendix A Budget 1 in the amount of \$463,868 and \$315,686 for the Chinle/Fort Defiance Recovery Centers to accommodate the increase of participation and to continue providing services to member/nonmembers and their families to participate in sponsored meetings, family events and outside resources to reinforce their sobriety and regenerate relationships.

**NOW, THEREFORE BE IT RESOLVED THAT:**



# Chinle Chapter Government

THE NAVAJO NATION

**Dr. Rosanna Jumbo-Fitch**  
PRESIDENT

**Shawna Claw**  
VICE PRESIDENT

**RoAnn Burbank**  
SECRETARY/TREASURER

**Eugene Tso**  
COUNCIL DELEGATE

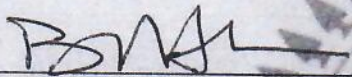
**Oscar Bia**  
GRAZING COMMITTEE MEMBER

Page 2 of 2: CHIN-APR-22-020

1. The Chinle Chapter supports the Day at a Time Club Inc. with the funding proposal and a budget in the amount of \$463,868.00 and \$315,868.00 for Chinle & Fort Defiance Recovery Center attached here to as NN ARPA OMB Budget forms: Appendix A Budget Form one (1) to the Office of the President and Vice President and the Navajo Nation Council to prevent alcohol and substance abuse and to increase self-efficiency for members and their families.

## CERTIFICATION

We, hereby certify that the foregoing resolution was duly considered and moved for Adoption by Betty Rose Draper, Second by Danny Francis, thoroughly discussed and approved by a vote of 16 in favor, 2 opposed and 1 abstained at a duly called meeting at Chinle Chapter, the NAVAJO NATION, Chinle, Arizona on this 18<sup>th</sup> day of April, 2022.



Dr. Rosanna Jumbo-Fitch, President



Shawna Claw, Vice-President



RoAnn Burbank, Secretary/Treasurer

